

St Drostan's Church New Aberdour

“The Prayer Tree”

We believe that prayer is an important element of Christian life and worship.

“The Prayer Tree” on the table in the entrance is a way of saying a silent prayer to God using different coloured ribbons, each with a different meaning: Sometimes, we are not able to find the words or we would prefer anonymity just the fact that adding to the tree is all that is needed.

PURPLE is for praising God

YELLOW is for thanking God

RED is for asking God to help

BLUE is for saying sorry

WHITE is a prayer for peace

Choose a piece of coloured ribbon from the basket nearby, tie it to a branch as a prayer to God.

When the tree is full, ribbons will be removed and placed back in the basket for future use. One ribbon of each colour will be left on the tree to symbolise the prayers made.

LEAVES can be used for a message or a request for prayers for a specific Person, Family, Country, Disaster, Group, Organisation, pets or anything you would like.

The leaves will be taken off the tree, every 2nd Sunday and during the service when prayers are said these details will be offered.

Alternatively prayer requests can be put in an email or telephone call, or letter.

Contact details are on this newsletter, and in the church notice box.

Our Prayer Tree will begin from Sunday April 2nd indefinitely

It is said that no matter how old you are, you are never too old to learn something new every day and I have just learnt something new after reading about Easter Celebrations and those leading up to Easter.

Pancake Day (Shrove Tuesday) The word ‘Shrove’ comes from the term ‘shrive’ which means to free you from sin. It always falls 47 days before Easter Sunday. In the past families would be encouraged to clear out their cupboards to remove the fattening and indulgent foods from their houses before Lent. An easy way was to use all the ingredients in a simple meal the batter from Pancakes is the same as Yorkshire pudding, and just the same can be eaten savoury or sweet. The tradition of pancakes is believed to originate from a pagan ritual. The day after is **Ash Wednesday** It marks the start of Lent, where people all over the globe give up certain luxuries, foods or habits to improve their health or demonstrate self-restraint. This lasts for 40 days until Easter Sunday. (Actually it is 46 days.)

Do You Know the Answers...

1. What type of newly hatched bird is a common symbol at Easter time?
2. Unscramble the letters to find everyone’s favourite treat at Easter
TSAERE GSEG ?
3. What is the name of the person who took animals onto an Ark two by two when the floods came?
4. What type of Bun is traditionally eaten on Good Friday?
5. How many days does Lent have?
6. What is another name for Pancake Tuesday?
7. Unscramble the letters to see one of our favourite Easter characters
RESTAE NYNUB ?
8. What grows from a bulb, comes out in spring and is green and yellow ?

Turn to the next page and have some fun.

Give the Rabbit and Chick a name, colour the picture, put on your name and a contact telephone number and win an Easter Egg. Entries can be given to any church member or you can hand into the church no later than Easter Sunday 16th April 2017